

Men's

to fit neck
to fit chest
to fit sleeve length

S	M	L	XL	2XL	3XL	4XL	5XL
14.5	15	15.5	16	17	18	19	20
37	40	43	46	50	54	58	62
33	34	35	36	37	38	39	40

Women's

sizing
to fit chest
to fit sleeve length

XS	S	M	L	XL	2XL
4	6	8	12	16	20
32	34	36	39	42	45
30	31	31	33	34	35

Youth

sizing
to fit chest
to fit sleeve length

JRS	JRM	JRL	JRXL
8	10	12	14
28	30	32	34
26	27	28	29

Measurements

Fit Chest – Under the arms and across the shoulder blades with a firm and level tape.

Sleeve length – Relax arm, and measure from the centre of the back of the neck, over the shoulder and down to the outer wrist.

